

# BELLUR IYENGAR YOGA CENTER

Run By: BKSSN Trust(R)

Presenting  
Residential Iyengar

## YOGA PROGRAM-2022

Dr. BKS Iyengar Yoga Center

From 17th to 22nd, December-2022

Dr. BKS Iyengar International Yoga Center  
Bellur Village, Kolar District, Karnataka, India.



Scan Here For Details



Yoga Hall



Twin Sharing Room



Three Sharing Dormitory



Four Sharing Dormitory



Reception Area



Cafeteria & Dining Area



*Shri. Prashant S Iyengar*



Hello Iyengar Yoga Family Members,

Hope you all are doing well.

After a gap of 2 years, the Bellur Iyengar Yoga Center is happy to announce an offline residential Yoga program from 17th to 22nd Dec 2022 (both dates inclusive) which will be conducted by Prashant S Iyengar. This 6-day retreat would be held at the beautiful center nestled in Guruji's birth place, Bellur.

The center itself was conceived and designed by our beloved Guruji and is a tranquil space suitable for sadhana. The yoga hall, which is over 7700 sq.ft. can easily accommodate 250 students at a time. Accommodation is comfortable, hygienic and simple and there are 45 rooms available for upto 150 students. The rooms range from twin sharing to dormitory style residence.

Besides a complete immersion in yog sadhana, one can explore the grounds which are home to organic vegetable and fruit gardens, walking paths and a tranquil atmosphere. The scenic surroundings and pace of life around the center are conducive to a rejuvenation of body and soul.

Bellur lies in Kolar district, Karnataka and is deep in the rural heartland of southern India. Surrounded by hills, the place is blessed with natural beauty with a nourishing climate. Winters are cool without being biting while summers are mild.

#### Program Details:

Dates: 17th to 22nd Dec 2022 (Both dates inclusive)

Class timings: 8.30am - 11.30am & 4pm - 6pm (Tentative timings)

Venue: Dr. BKS Iyengar International Yoga Center, Bellur, Kolar, Karnataka, India.

Donation: USD700 (Includes Shuttle service from/to Bangalore International Airport, Shared

Accommodation (2 / 3 / 4 sharing) & Vegetarian Sattvic food

Eligibility: 5 Years Iyengar Yoga Practice.

**"Donations to the sessions can be made by Credit /Debit card & by cash after arriving to the bellur campus".**

Images are for representative purpose only.

Visit <https://belluriyengaryogacenter.com> for more information